Alano Club of the Eastside

MONTHLY NEWSLETTER

Page 1 12302 NE 8th Street, Bellevue, WA 98005, (425) 455-5700 • www.alanoclubeastside.org

ACES Café

Menu - to go only for now.

Hamburgers
Hot dogs
Grilled
Cheese
BLT and
Tuna Melt
Sandwiches
Chili

Beverages
And snacks

ABOUT OUR ORGANIZATION: Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (nondrinking) alcoholics and their families. The club is not affiliated with Alcoholics Anonymous or any related program; however, the Club and its members share a commitment to the principles of AA and may choose to cooperate with AA by extending certain invitations to AA members, including the use of facilities for AA meetings and meetings of other 12 step programs related to alcoholism.

President's Message

. Step 12 Having had a spiritual awakening as a result of these steps, we tried to carry this message to Alcoholics, and to practice these principles in all our affairs. Step 12 is not so much a step that we do but a step that we practice for the rest of our lives. To finish step 12 and say I'm finished is entirely wrong. Step 12 is where my AA life really began. It was at this point that I committed to helping those fellows in need. It's where simply saying yes to those who ask for my help is most important. Life is full of surprises. As I began writing this message an old friend from the past sent me a message on Messenger. She had once been someone I purchased drugs from. She confessed she was really struggling and asked if I knew anyone who could help. So of course I said yes. I explained to her that I knew plenty of people that would be happy to help. She explained that she recently moved to Edmonds and didn't really know anyone in the area. So I said I know just the person and I'll give you her number. I of course then called my good buddy Steve P and had him ask his wife Christine if I could give my friend her number. She of course said yes, I then sent a message to my old friend with Christine's number. Knowing my friends were going to be out of town for a week I then offered to meet her at a meeting. She is not new to the program and had once attended meetings at the club and played softball in our sober softball league. We decided we would hit a noon meeting as soon as we were able. I unfortunately was going to jury duty the next day and she is still moving into her new home. As I sit outside the court house waiting for my appointed time I decided this was something I could share. The timing is ironic. It's little miracles like these that make me go hmm. As we approach the holiday season it's important to remember that a lot of people are struggling. Perhaps its simply work has slowed down or the weather. But whatever the case it's important to be there for one another. Depression and financial difficulties can put the strongest among us in a world of hurt. I have been there before and I think plenty of others have also. So it's important to keep our eyes open for those of us who need help. Pick up the phone and reach out. When she asked for help she was out of town. So I told her if I didn't hear from her I would give her a call. And that's what I did. She was happy to tell me she had a week. This brought a smile to my face and a little joy to my heart. Yes I have a heart. Lol Helping others helps me stay sober. I am very grateful for my friends in AA. May God keep you and bless you. My name is Tim and I am an Alcoholic.

Our café is open daily from 11:00 am to 7:00 pm and we are serving a limited take-out only menu (see above) as well as selling AA books, literature, gifts and other merchandise.

Please feel free to call the club (425-455-5700) to place an order or check on the availability of any items. If you have any questions you can call or text Trena at (206) 307 9409

We look forward to the time when we can begin to welcome our members and other friends back to the club. In the meantime, we wish you and your loved ones a safe, happy and healthy holiday season. Page 2

MEMBERSHIP DUES:

Helping to support the Club.
Regular Monthly:
\$20/month Seniors & Juniors (over 65 or under 18 \$10 month)
Non-Resident: \$25/year (Outside King County)
Annual rate is \$200 saving you \$40 off the monthly rate.
Membership applications

Membership applications are available at the Counter and at

<u>alanoclubeastside.org</u> WEBSITE RESOURCES

Eastsideintergroup.com
is a great website for our
recovery community which
offers info on meetings,
service, activities, travel,
events & much more.
Seattle Intergroup widens

Seattle Intergroup widens the scope of possibilities for meetings and service in the greater King County area.
Seattleaa.org

Alcoholics Anonymous World Services is a great resource for on-line literature and how to contact AA around the world. alcoholicsanonymous.org

The AA Grapevine is The International Monthly Journal of Alcoholics Anonymous published since 1944. It's a great resource for personal stories, entertainment and a meeting in

print.aagrapevine.org
**The Al-Anon Family
Groups (AFG) is a fellowship
of relatives and friends of
alcoholics who believe
alcoholism is a family illness
and that changed attitudes
can aid recovery.

Seattle-al-anon,org
**The Clean and Sober
Softball Association is a
recovery-based activity,
organized for "noncompetitive" recreation.
The function of CSSA, and
its franchises, is to further
recovery through the
community of
softball.Sobersoftball.com

**WSCYPAA Washington State
Council of Young People in
AA-is a service committee
dedicated to building unity in
AA through service.
WSCYPAA.org

Please note: Our new web address is www.alanoclubeastside.ora



December AA Birthdays



Deborah B. 12/16/09 Gary C. 12/29/02 Patricia A. 12/22/80 Vicki W. 12/26/93 Edith R. 12/11/95 Mike S. 12/2/04 Paul H. 12/12/14 Virginia A. 12/17/7

At this time, due to the Governor's order, all meetings are cancelled until at least December 15th. Please check our website www.alanoclubeastside.org for meeting closures and restaurant take-out announcements.

<u>www.eastsideintergroup.com</u> has listings of other meeting and meetings on zoom.

The Alano Club General Membership meeting and Board Elections will be held on December 9th at 7:15 pm. Pursuant to the recent Governor's orders the Elections will have to be held via Zoom. If you can attend, please send an email to manager@alanoclubeastside.org and you will receive a link to the Zoom meeting. A copy of the proposed slate is enclosed with this newsletter and additional nominations may be made at the meeting.

If you would like to donate to the Club, please visit our website at <u>alanoclubeastside.org</u> and use the donate button. You can also use this to make your membership dues payments or group donations but please add a note that is what your donation is for.

Another way to donate or pay dues is to mail a check to: Alano Club of the Eastside 12302 NE 8th St Bellevue, WA 98005

And, of course dues and donations can be paid by cash, check or debit/credit card at the counter.

If you would like to receive our Monthly Newsletter via e-mail, please send your current/ preferred e-mail address to us at manager@alanoclubeastside.org.